**TRANSLATIONAL SCIENCE**

Large-scale meta-analysis across East Asian and European populations updated genetic architecture and variant-driven biology of rheumatoid arthritis, identifying 11 novel susceptibility loci

Eunji Ha, Sang-Cheol Bae, Kwangwoo Kim

**ABSTRACT**

**Objectives** Nearly 110 susceptibility loci for rheumatoid arthritis (RA) with modest effect sizes have been identified by population-based genetic association studies, suggesting a large number of unidentified variants behind a highly polygenic genetic architecture of RA. Here, we performed the largest-ever trans-ancestral meta-analysis with the aim to identify new RA loci and to better understand RA biology underlying genetic associations.

**Methods** Genome-wide RA association summary statistics in three large case–control collections consisting of 311 292 individuals of Korean, Japanese and European populations were used in an inverse-variance-weighted fixed-effects meta-analysis. Several computational analyses using public omics resources were conducted to prioritise causal variants and genes, RA variant-implicating features (tissues, pathways and transcription factors) and potentially repurposable drugs for RA treatment.

**Results** We identified 11 new RA susceptibility loci that explained 6.9% and 1.8% of the single-nucleotide polymorphism-based heritability in East Asians and Europeans, respectively, and confirmed 71 known non-human leukocyte antigens (HLA) susceptibility loci, identifying 90 independent association signals. The RA variants were preferentially located in binding sites of various transcription factors and in cell type-specific transcription–activation histone marks that simultaneously highlighted the importance of CD4+ T-cell activation and the potential role of non-immune organs in RA pathogenesis. A total of 615 plausible effector genes, based on gene-based associations, expression-associated variants and chromatin interaction, included targets of drugs approved for RA treatments and potentially repurposable drugs approved for other indications.

**Conclusion** Our findings provide useful insights regarding RA genetic aetiology and variant-driven RA pathogenesis.

**Key messages**

- Genetic factors are strongly involved in the aetiology of rheumatoid arthritis (RA).
- Although approximately 110 loci were reported as RA susceptibility loci by genome-wide association studies, a large fraction of genetic heritability estimated in twin studies is still hidden behind many variant loci with weak effect sizes.

**INTRODUCTION**

Rheumatoid arthritis (RA) is a common autoimmune disease characterised mainly by pain, swelling and deformity of joints due to prolonged inflammation. A substantial portion of patients with RA are seropositive for rheumatoid factor or anti-CCP antibodies (ACPA). RA is most common in women aged 30–50 years and affects approximately 1% of the general population. Multifactorial causes, including genetic and environmental factors, are involved in the development of RA. Twin concordance studies demonstrated that genetic predisposition plays a major role in the pathogenesis of RA, accounting for approximately 60% of the liability for RA. In the past decade, genome-wide association studies (GWAS) in various populations identified nearly 110 RA susceptibility loci across the human genome. However, the heritability explained by the identified variants was estimated to be -20%, suggesting that a much larger number of disease variants remain unidentified. Consistent with these results, Bayesian inference predicted hundreds of common susceptibility
variants with modest effect sizes and rare variants with large effect sizes.

Here, we carried out a large-scale meta-analysis on RA with summary association data from East Asian and European cohorts comprising 22,628 RA cases and 288,664 controls and identified 11 new RA susceptibility loci. In addition, the integration of accumulated knowledge of RA variants with emerging high-throughput omics data facilitated various so-called post-GWAS approaches that helped unravel the biology of RA based on disease-risk variants in actual human patients, suggesting potentially repurposable drugs for RA treatment.

**METHODS**

**Association summary statistics**

RA association summary statistics were retrieved from previous GWASs in Korean, Japanese and European populations. The sample size of each GWAS was considerable (4068 RA cases and 36,487 controls in the Korean population; 4199 cases and 208,254 controls in the Japanese population; 14,361 cases and 43,923 controls in the European population), which brought the final sample size to more than 310,000. The summary statistics from Japanese and European populations were available at the Japanese Encyclopedia of Genetic associations by RIKEN (http://jenger.riken.jp/en/result). All data included over 13 million imputed variants with reliable imputation quality scores and minor allele frequency (MAF) of ≥0.5%. Each study performed a whole-genome imputation using the imputation reference panel from the 1000 Genomes Projects (1KGP) phase III data with or without ancestry-matched whole-genome sequencing data.

**Genome-wide meta-analysis**

An inverse-variance-weighted fixed-effects model with genomic control was used in a meta-analysis of the association summary statistics in three studies by meta-analysis of genome-wide association studies (METAL) to calculate the disease effect sizes and SEs of query variants (n=13,810,676). Heterogeneity of effect sizes between East Asian and European populations was assessed using Cochran’s Q test. We defined an RA-associated locus by merging the neighbouring significant variants (p≤5×10−8), between which the minimum distance should not exceed 250 kb. Downstream analyses excluded the extended major histocompatibility complex (MHC) region (24–37 Mb in chromosome 6).

**Estimation of RA heritability**

Single-nucleotide polymorphism (SNP)-based heritability (h²SNP) of RA in East Asian (Korean+Japanese) or European populations was calculated in a liability scale using LD score regression (LDSC) with precalculated linkage disequilibrium (LD) scores, regression weights and allele frequencies from the 1KGP phase III data in a relevant ancestral population, setting the disease prevalence parameter to 1%.

**Correlation analysis of genome-wide SNP effects between ancestries**

We employed Popcorn to calculate the trans-ethnic genetic correlation of effect sizes of the genome-wide variants based on genetic effect scores via LD optimisation similar to LDSC.

**Conditional association analysis in RA loci**

To identify independent association signals in 82 non-MHC loci, a stepwise approximate conditional association analysis was performed for each population by genome-wide complex trait analysis (GCTA) using ancestry-matched LD matrices. Genotype data of 5288 Korean and 2502 European individuals were used to estimate LD matrices. The Korean genotype/imputation data were previously described in our recent study and the European genotype data were obtained from European Genome-phenome Archive (EGAD00010000290). We newly imputed typed variants in the European individuals from quality-controlled variants (with missing rate≤0.05, MAF≥0.5%, and p value in Hardy-Weinberg equilibrium exact test≤1×10−8) in each RA locus using SHAPEIT2 and Minimac3 with the 1KGP imputation reference panel. The polymorphic variants with imputation quality score of ≥0.3 and MAF of ≥0.5% were used to calculate variant–variant correlations. A conditional analysis with adjustment of a primary association signal (the lead variant) in each RA locus was performed for each ancestral group and followed by a cross-ancestry meta-analysis to identify a secondary association signal with conditional p meta of ≤5×10−8. This procedure conditioning on all independent association signals was repeated until no more signals were significant. When a lead variant was not available in one ancestry, we performed a stepwise conditional analysis in the other ancestry. All annotation of lead variants and their proxies (r²≥0.9) were retrieved from HaploReg and RegulomeDB.

**Heritability-partitioning analysis using transcription factor-binding sites (TFBSs)**

We calculated RA heritability attributed to SNPs within binding sites of 161 transcription factors (TFs) using stratified LDSC to estimate relative heritability enrichment. All tested TFBSs were provided by an annotation library from PAINTOR (https://github.com/akichae/PAINTOR_V3.0/wiki/2b-Overlapping-annotations). For each TF, heritability enrichment value is equal to the proportion of heritability (= b²TFBS / b²SNP) divided by the proportion of variants (= number of SNPs in TFBS / number of total SNPs). The enrichment scores and significance levels were estimated in East Asian and European populations separately using ancestry-matched LD scores, and the cross-ancestry significance level for each TF was calculated by Fisher’s combined probability test. A statistically significant threshold was set at a false discovery rate (FDR) of <5%.

**Enrichment analysis of RA variants using histone modification marks**

We assessed the statistical significance for the colocalisation of RA-associated lead variants (plus their proxies in r²≥0.8 with the lead variants in a relevant ancestry) with tissue-specific epigenomic regulatory elements in East Asians and Europeans separately using GREGOR by comparing 1000 feature-matched control sets. The genomic locations of six histone marks (H3K4me1, H3K4me3, H3K9me3, H3K27me3, H3K36me3 and H3K27ac) of various cells or tissues were retrieved from the Roadmap Epigenomics Project data. The number of lead variants in RA loci outside of the MHC regions was 38 in East Asians and 43 in Europeans. The feature-matched control sets were randomly selected based on the 1KGP phase III data to be matched for three properties of RA-associated lead variants (the number of LD proxies, MAF and distance to the most proximal gene). The enrichment p value was defined as a probability of detecting more than the observed number of overlaps between the query variant sets and a selected histone mark, based on the control distribution approximated using feature-matched control...
sets by the saddle point method. Fisher’s combined probability test was used to calculate the combined p value.

Nomination of potential effector genes in RA loci
We catalogued potential effector genes (=disease-driving genes) from the meta-analysis association summary statistics using FUMA and MAGMA with LD information in all 1KGP individuals. First, FUMA analysis mapped candidate genes using the SNP2GENE module with default parameters when RA-risk variants were located within 10 kb of the genes, known to have expression quantitative trait loci (eQTLs) of the genes or interacted with the genes via chromatin interaction. Briefly, we retrieved reported eQTLs in selected tissues (blood cells, spleen, small intestine and lung) from the EBI eQTL catalogue (https://www.ebi.ac.uk/eqtl), single-cell RNA eQTLs, DICE, GTEx and other blood eQTL sets. Chromatin interaction mapping was performed using publicly available Hi-C data in the same four tissues and FANTOM5 enhancers and promoters. To retain more likely candidate effector genes, physically mapped genes were narrowed down at the Bonferroni-corrected gene-based p value cut-off of 0.05 in MAGMA.

Prediction of repurposable drugs for RA
We investigated potential drug candidates for RA treatment using Genome for REPositioning drugs (GREP). Proteins directly interacting with the products of 615 potential RA effector genes were obtained from HumanNet V2 resources. The genes of these interacting proteins were used as query genes, along with the 615 RA genes in the GREP analysis to search for potential repurposable drugs that target effector proteins or their network members. Anatomical therapeutic chemical (ATC) classes (n=85) were tested for the enrichment of the identified drugs. The most likely repurposable drugs were defined as belonging to any ATC groups with FDR-corrected enrichment p value of ≤0.05.

RESULTS
Identification of 11 novel susceptibility loci for RA
A genome-wide meta-analysis of RA associations in 22 628 patients with RA and 288 664 healthy controls in East Asian (8267 cases and 244 741 controls) and European (14 361 cases and 43 923 controls) populations detected 11 novel loci associated with RA risk at the genome-wide significance level (4.6×10−8≤p value≤1.5×10−10), replicating the known RA associations in 71 non-MHC loci (4.6×10−8≤p value≤1.5×10−10) (figure 1 and online supplemental table S1). The meta-analysis association summary statistics in this study are available online (https://doi.org/10.5061/dryad.ns1rn8pfr0). Excluding MHC variants, we found that the meta-analysis results displayed an inflation factor of 1.01, indicating little systemic bias in our study (online supplemental figure S1). The most significant variants in the newly identified 11 loci (with the following nearest genes: DGUOK-AS1, DAP, BAD, TPCN2, LOC107984408, LOC105369698, IQGAP1, PRKCB, ZNF689, C20orf181 and SMC1B) showed modest effect sizes on RA development (OR for a risk allele ≤1.13, figure 2, table 1). The observed effect sizes were highly consistent between Korean and Japanese populations (heterogeneity p value=0.38, online supplemental table S2) and between East Asians and Europeans (heterogeneity p value=0.67, table 1) for all the tested lead variants, although four lead variants were not tested in Europeans. Of the 11 lead variants, four were insertion/deletion variants. The lead variant in DGUOK-AS1 was not common in Europeans (MAF=0.7%), yielding an insignificant association p value but a consistent effect size (table 1).

Genetic liability explained by the tested genome-wide variants was estimated as 0.176 in East Asians and 0.275 in Europeans in an LDSC heritability analysis (table 2). The variants in 11 novel loci accounted for 6.9% and 1.8% of the non-MHC SNP-based heritability in East Asians and Europeans, respectively. Although the estimated SNP-based heritability was higher in Europeans than in East Asians, we observed a highly strong association correlation between the two ancestries in whole-genome

![Manhattan plot of trans-ancestral genome-wide association meta-analysis results for RA. The y-axis represents negative natural logarithms of the p value for each variant in a meta-analysis using an inverse-variance-weighted fixed-effects model for the genomic-control associations in Korean, Japanese and European populations. The x-axis indicates chromosomal positions. The dashed line represents the genome-wide significance threshold (p=5×10−8). Eleven novel loci are marked in red with the nearest genes. RA, rheumatoid arthritis.](https://ard.bmj.com/)

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scale ($r=0.69\pm0.09$, p value=$2.12\times10^{-14}$), which supports a high degree of risk allele sharing between the two populations.

To narrow down the potentially functional variants, we found 130 proxy variants in high LD ($r^2\geq0.9$) with lead variants in both East Asian and European populations (for eight loci tested in both populations) or in East Asians (for four loci tested in only East Asians). Among the 141 potentially causal variants, two (rs11556482 and rs6007594) were missense variants in FAM118A (near SMC1B). In addition, 29 variants in six loci were likely to affect TF binding or linked to gene expression in an allele-specific manner, being located with highly functional annotations (RegulomeDB category=1 or 2, online supplemental table S3).

Dissecting association signals
To determine the number and sources of association signals in 82 non-MHC loci, we performed a stepwise approximate conditional association analysis for each ancestral group followed by a meta-analysis of conditional association results in two groups. There were at least two independent association signals in each of seven loci (PADI4, CTLA4, TNFAIP3, IL2RA, PRKCB, ARID5B and LOC145837) with a conditional p value$\leq5\times10^{-8}$ (online supplemental table S4).

Enrichment of RA variants on TFBSs and tissue-specific epigenetic features
The degree of enrichment of RA heritability on binding sites of 161 TFs was assessed using the population-specific LDSC followed by Fisher’s combined probability tests. We observed that RA heritability was significantly enriched in variants within binding sites of 29 TFs (p value for heritability enrichment $\leq0.05$ in both populations and FDR-corrected p meta $\leq0.05$, figure 3A and online supplemental table S5). Among the identified TFs, 12 displayed extremely large heritability enrichment in their TFBSs (enrichment$>40$ in both populations), and these TFs have been significantly associated with T-cell receptor (TCR) signalling transduction mediated by mitogen-activated protein kinases, nuclear factor-kappa B and nuclear factor of activated T-cells (online supplemental table S6). These results reinforce the importance of CD4$^+$ T-cell activation in RA pathogenesis,

Figure 2 Regional association plots for the newly identified RA loci. The association significance levels in the loci of interest were plotted in negative logarithm scale according the chromosomal position of variants. The most significant variants are denoted as purple diamonds. (A) DGUKAS1, (B) DAP, (C) BAD, (D) TPCN2, (E) LOC107984408, (F) LOC105369698, (G) IQGAP1, (H) PRKCB, (I) ZNF689, (J) C20orf181 and (K) SMC1B. RA, rheumatoid arthritis.
Table 2  Liability-scale RA heritability $h^2$ estimated from the tested genome-wide variants in each ancestry

<table>
<thead>
<tr>
<th>Ancestry</th>
<th>All tested variants</th>
<th>Non-MHC variants*</th>
<th>Proportion of $h^2$ explained by</th>
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<td></td>
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<td>$SE$ of $h^2$</td>
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<td>East Asian</td>
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<td>0.123</td>
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<tr>
<td>European</td>
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<td>0.096</td>
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</tr>
</tbody>
</table>

*The MHC region was defined as spanning as the 24–37 Mb region of chromosome 6 in hg19.

MHC, major histocompatibility complex; RA, rheumatoid arthritis.

Candidates for repurposable drugs targeting RA genes

We narrowed down the potential effector genes to 615 genes based on three categories: gene-level association significance levels (estimated from genome-wide variant associations, gene-level p value≤0.05/19 644), known eQTL effects, and chromatin interactions between RA-variants and neighbouring genes (online supplemental table S8). A total of 132 genes belonged to more than two categories. For example, DAP in a novel locus encodes a member of mTOR signal transduction18 and was identified as a new plausible effector for RA, as the gene-based association of DAP with RA was significant ($p_{MAGMA} = 1.62 \times 10^{-6}$) and a lead variant (rs2918392) was a known eQTL for DAP in blood cells.25 26 29

We further investigated potentially repurposable drugs for RA that target the 615 effector gene products and their 1543 direct interactors (=2158 RA-relevant genes). We found that the tested genes were significantly enriched in the targets of immunosuppressants, immunostimulants and antineoplastic agents in Fisher’s exact tests (FDR-corrected p values≤3.34×10^{-4}). For example, 18 RA-relevant genes are targeted by 21 immunosuppressants, including known RA drugs (eg, abatacept, tocilizumab, tofacitinib, etanercept, sarilumab, baricitinib, infliximab, adalimumab, certolizumab pegol, golimumab and azathiaprine) and potential repurposable drugs previously approved for other indications, such as systemic lupus erythematosus and multiple sclerosis (eg, eculizumab, alefacept, belatacept, daclizumab, rituximab, mycophenolic acid, lenalidomide, basiliximab and pomalidomide; figure 4 and online supplemental table S9).

DISCUSSION

This study had the advantage of analysing two distinct ancestral populations. As two ancestral populations have highly different marks colocalise with significantly more RA-risk variants. We employed the GERGOR algorithm20 to test the enrichment on four transcription-activating histone modifications (H3K4me1, H3K27ac, H3K4me3 and H3K36me3) and two repressing histone modifications (H3K27me3 and H3K9me3) in diverse human cell types. Transcription-activating histone marks were strongly associated with RA-risk variants in various immune cells, especially in CD4+ T-cell subtypes (figure 3B). Among the CD4+ T cells, memory CD4+ T cells (E037 and E040) rather than naïve CD4+ T cells (E038 and E039) presented relatively strong significance levels for the RA-variant enrichment. Furthermore, chromatin changes on T-cell activation and T cell differentiation were strongly associated with RA variants (figure 3B). In addition, this analysis replicated our recent findings on the involvement of two non-immune organs, lung and small intestine, in disease pathogenesis (figure 3B and online supplemental table S7).
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LD architectures, most analyses in this study (eg, association meta-analysis, conditional association analysis, TFBS heritability analysis and cell-type histone mark enrichment analysis) were performed for each population, separately, and the independent results were merged. Results in each population were mutually validated by the results in the other population, which provided population-shared, reliable insights into RA aetiology and pathogenesis.

This study increased the explained proportion of genetic liability for RA, especially more in East Asians. We detected 82 non-MHC RA-risk loci, including 11 novel loci, and identified 90 distinct signals by combining conditional results for both ancestry groups. The gene-level approaches nominated 615 plausible effector genes from the 82 RA loci based on genomic variant association, eQTL and chromatin interaction data. In addition, we provided complete lists of the most likely causal variants in novel loci based on LD in both populations and regulatory annotation/statistics. The catalogues of the most likely RA-risk variants and genes may be useful in choosing targets for experimental validation to deepen understanding of variant-driven

Figure 3 Transcription factors and cell types implicated by genetic associations in RA. (A) RA heritability was significantly enriched in binding sites of 29 TFs with \( p < 0.05 \) in both populations and FDR-corrected \( p_{\text{meta}} < 0.05 \). Enrichment estimates in East Asians (left) and Europeans (right) were plotted for each TF (y-axis). (B) Enrichment of RA-risk variants on roadmap histone modification marks in diverse immune and non-immune cell types are assessed in each population. The combined \( p \) values for the enrichment were plotted in negative logarithm scale according to 25 selected cell types and 5 additional CD4\(^+\) subtypes, with roadmap epigenome codes and cell-type names. FDR, false discovery rate; RA, rheumatoid arthritis; TF, transcription factor.

Figure 4 Approved or potentially repurposable immunosuppressants for RA treatment. Existing immunosuppressants (shown in yellow boxes) are connected with drug targets (shown in dark blue boxes) that were extracted from potential RA effector gene products and their interaction partners. A network of the drug targets was retrieved from HumanNet v2-XN and visualised by Cytoscape. RA, rheumatoid arthritis.
CD4+ T-cell biology was emphasised in RA pathogenesis by large-heritability variants that preferentially spanned binding sites of various TFs related to TCR-mediated signalling and that were preferentially located with transcription-activating histone marks in CD4+ T cells, including stimulated, memory and/or regulatory T cells.

In the novel loci, 88 genes were detected as potential effector genes (8 genes per locus). The number of nominated genes are quite large but likely include true RA genes. It is possible to further narrow them down based on the number of categories (gene-based p value, eQTL and chromatin interaction) to which they are assigned (online supplemental table S8). For example, the number of genes with more than two categorial hits is decreased to 16 in 11 novel loci (DAP, CCDC88B, RPS6KA4, NRXN2, MEN1, ZNF774, IQGAP1, CRTC3, PRKCB, AC002310.12, PRR14, FBRS, SRCP, BCL7C, FAM118A and SMC1B). Some have been documented for their functional relationship with immune cells or immune disorders (DAP, CCDC88B, RPS6KA4, IQGAP1, CRTC3 and PRKCB). For example, IQGAP1, encoding a controller of tumour necrosis factor costimulatory receptor CD134, modulates immune responses (eg, T-cell co signalling pathway) possibly by an allele-specific regulatory effect of an RA-risk eQTL mediated by chromatin interaction in relevant tissues (online supplemental table S8).

CCDC88B is known to be essential for T-cell maturation and activation. Variants in CCDC88B have been associated with the risk of inflammatory bowel diseases, possibly leading to CD4+ T-cell-induced colitis. The lead variant rs660442 in our study was demonstrated to regulate expression of CCDC88B in immune cells (online supplemental table S3).

Another variant rs3826259 in PRKCB, an LD proxy (r²=0.98) of a lead variant, is located in a highly conserved genomic element and is likely to influence binding affinity of several TFs according to the RegulomeDB. The regulatory effect of the variant on PRKCB expression in RA-relevant cells is supported by eQTL catalogues (online supplemental table S3). PRKCB was a hub gene of the gene network constructed by differentially expressed genes in CD4+ T cells in RA, involved in diverse signalling pathways.

In summary, we performed the largest genome-wide meta-analysis using RA associations in three large cohorts comprising >300 000 East Asian and European individuals. Our computational analyses provided new insights and enhanced evidence regarding the genetic architecture/liability, disease-driving variants/gene/TFs/pathways/tissues and potential therapeutic targets.

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ORCID iDs  Eunji Ha http://orcid.org/0000-0001-8618-8347
Sang-Choel Bae http://orcid.org/0000-0003-4658-1093
Kwangwoo Kim http://orcid.org/0000-0001-8926-6216


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